

WOMEN

3 WAYS TO GROW ON-SITE | OFF-SITE | ONLINE

ON-SITE Bible Studies for women are offered on Wednesdays (morning and evening) and Thursdays (morning). On-Site studies offer master teaching live or via video, free childcare, and an opportunity to meet new women in the church

FEARLESS MOM

Led by Anita Jordan and Weekly Guests

16 weeks: Wednesdays, Beginning August 16 | 10-11:30am | A200

Join us as we seek biblical, practical teaching to equip and empower moms.

PHILIPPIANS

Led by Nancy Dunn

16 Weeks: Wednesdays, Beginning August 16 | 10-11:30am | B210

Paul writes to encourage believers to stand firm in the face of persecution and rejoice regardless of circumstances. This study will give you biblical truth and encouragement for whatever you are facing.

WOMEN'S BIBLE STUDY

Led by Kimberly MacNeill

16 weeks: Wednesdays, Beginning August 16 | 10-11:30am | Chapel

Each week is a different lesson. We will study Scripture and apply it to our lives. There will be time for encouragement and praying for one another. This is an opportunity to meet new women and bring a friend! All are welcome.

GEMS

Led by Nancy Dunn

16 Weeks: Wednesdays, Beginning August 16 | 6-7:15pm | B210

Every week this class studies a different topic of Scripture. You can drop in any time and pick up a "gem" of truth to encourage and strengthen your life in God.

PRECEPTS: CHOOSING VICTORY, OVERCOMING DEFEAT

Led by Shawn Lantz

16 Weeks: Wednesdays, Beginning August 16 | 6-7:15pm | A203

Readers will discover the keys to victorious living and winning life's battles in this enriching Old Testament study of how Joshua, Ruth, and the judges overcame defeat by following God's path to success.

WOMEN'S BIBLE STUDY

Led by Kimberly MacNeill

16 Weeks: Wednesdays, Beginning August 16 | 6-7pm | Chapel

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PRECEPT UPON PRECEPT: COLOSSIANS BY KAY ARTHUR

Led by Susie Swafford

12 weeks: Thursdays, Beginning September 7 | 9:30-11:30am | B214

What does it mean to be "complete in Christ"? Is Christ your "all in all" - does He meet all your needs? Don't let anyone delude you with man-made philosophies or traditions that contradict the Word of God.

OFF-SITE *dwell* GROUPS

Life moves fast these days. It can be difficult to get in the same room with the same people on the same day at the same time on a regular basis. If this is true for you and your friends, we suggest creating a DWELL group.

Off-site DWELL groups offer opportunities for deeper friendship, spiritual accountability, and transformational growth. Find four to six women who have a similar schedule as yours and get the Group Guide for directions at FHBC.org/Women.

ONLINE For some women, it is almost impossible to make it to any kind of Bible Study group on a regular basis. If this is you, we invite you to join the online study. This semester, Shawn Lantz will be leading women from FHBC in the nine week study "Encountering the Healing Power of Forgiveness: A Character Study of Joseph." The online study offers women flexibility in their Bible Study schedule and opportunity to stay connected to their home church via our own Shawn as the teacher and one "live" online meeting each week. Go to FHBC.org/Women for details.



EACH GROW

FALL 2017 DISCIPLE LIFE



FOREST HILLS
BAPTIST CHURCH

PARENT ENRICHMENT SERIES

BUILDING A FAMILY LEGACY SERIES BY JAMES DOBSON

16 Weeks: Wednesdays, Beginning August 16
6-7:15pm | B217 | \$7 per guide

Based on Dr. James Dobson's classic text, the Building a Family Legacy Bible studies will help families learn how to build stable homes, raise responsible and respectful children, and ensure that your whole family lives forever. We are offering four classic parenting studies in the Dobson series. Each study is four weeks in length and independent of each other. As parents, you can attend the study that is appropriate for your family.

STUDY 1 STRONG-WILLED CHILD Led by Ralph & Fran Hildabrand August 16 - September 6	STUDY 2 DARE TO DISCIPLINE Led by Lori Crump September 13 - October 11 (Excluding September 27)
STUDY 3 BRINGING UP BOYS Led by Jeff & Terri Bowden October 18 - November 8	STUDY 4 BRINGING UP GIRLS Led by Emmitt & Heidi Beall November 15 - December 13 (Excluding November 22)

RAISING CHILDREN IN THE DIGITAL AGE

Led by Katherine Koonce
Sunday, August 27 | 11am | Student Center A



We have the unprecedented job of helping our children to navigate a system of social media and internet use that we ourselves don't fully understand. As Christian families, we must decide purposefully the role technology will play in our homes - determining where and when and how technology will be used. We will also explore

the unwitting ways we use technology as a coping mechanism to entertain in times of boredom and to soothe in times of distress. In addition, we will outline the effects of our technology world on our children's relationships and clarify specific paths to our children's hearts. This session will focus on the practical tools Christian parents can use to help their children be discerning and responsible users of technology.

Dr. Koonce holds a Bachelor's degree from Vanderbilt University in Education and a Master's degree from Georgia State University, specializing in learning, behavior and attention issues. She earned a doctorate degree in Education from Trevecca Nazarene University. She has worked for over thirty years in a variety of school and community settings including Christ Presbyterian Academy and now Head of School at The Covenant School in Nashville. Dr. Koonce's husband has worked in full-time Christian ministry for over thirty years. They have two grown children and live in Brentwood.

BECOMING STEPFAMILY SMART

Led by Ron Deal
Sunday, October 29 | 11am | Student Center A



Healthy stepfamily living can be rewarding, even redemptive, but you have to be smart and trust God with the journey. Join one of the country's leading experts on blended families to learn key qualities of godly, healthy stepfamilies. Appropriate for single parents, stepfamily couples, stepgrandparents, and those who love them.

Ron Deal is husband to Nan (since 1986) and proud father of Braden, Connor, and Brennan. Everything else is just details. Ron is a marriage and family author, conference speaker, and therapist. His top selling books, online articles, and daily 60-second radio feature *FamilyLife Blended* make him one of the most widely read and referenced authors on stepfamilies in the world. He is Founder and President of Smart Stepfamilies™ and Director of FamilyLife Blended®, the ministry initiative of FamilyLife® to stepfamilies (for more visit SmartStepfamilies.com and FamilyLife.com).

WATCH FOR REGISTRATION INFORMATION
for these two events in future publications.

PASTORAL CARE

DIVORCECARE

Led by Barney Self
13 Weeks: Wednesdays, Beginning August 16 | 6-8pm | B116

This recovery and support group is for people experiencing the pain of separation or divorce. It's open to anyone and you are welcome to join at any time.

Childcare is available for infants through three years with a reservation: FHBC.org/DivorceCare

ALL ADULTS

PASTOR'S CLASS

Led by Sam Boyd
16 Weeks: Wednesdays, Beginning August 16 | 6-7pm | Sanctuary

We'll study highlights of our Bible reading program as listed in the church bulletin, website and church app.

EXPERIENCING GOD AS COUPLES BY HENRY BLACKABY

Led by Chad and Alethea Hutchison
9 Weeks: Wednesdays, Beginning August 16 | 6-7:15pm | A103 | \$10

Experiencing God as Couples has influenced thousands of lives, resulting in saved marriages, spouses coming to Jesus, rededications, couples volunteering for missions, and enriched marriages. Henry and Marilynn Blackaby lead married couples to experience God's presence in a way that will last a lifetime.

TOPICS INCLUDE:

- God at Work in Your Marriage
- God's Love Relationship with You and Your Spouse
- God Invites You as a Couple to Become Involved in His Work
- God's Ways of Speaking to You as a Couple
- Experiencing a Crisis of Belief for Your Marriage
- Adjusting to God's Will for Your Marriage
- Allowing God to Work Through Your Marriage
- Committing to a Covenant Marriage

MEN

SPIRITUAL LEADERSHIP: PRINCIPLES OF EXCELLENCE FOR EVERY BELIEVER BY J. OSWALD SANDERS

Led by Guest Teachers
11 Weeks: Wednesdays, Beginning August 16 | 6-7:15pm | A200 | \$10

With more than 1 million copies sold, *Spiritual Leadership* stands as a proven classic for developing people for leadership. In these pages, J. Oswald Sanders presents the key principles of leadership in both the temporal and spiritual realms, illustrating his points with examples from Scripture and biographies of eminent men of God (Moses, Nehemiah, Paul, David Livingstone, Charles Spurgeon, and others). He holds that even natural leadership qualities are God-given, and their true effectiveness can only be reached when they are used to the glory of God.

FEATURED TOPICS INCLUDE:

- The cost of leadership
- The responsibility of leadership
- Tests of leadership
- The qualities and criteria of leadership
- The art of reproducing leaders
- The one indispensable requirement of leadership

Let this proven classic be your guide for leadership, and watch how God works through you to do great things for His glory.

WHAT DOES IT MEAN TO BE A FRIEND OF GOD?

Led by Richard Girdler
5 Weeks: Fridays, Beginning September 1

6-6:30am Breakfast / 6:30-7:30am Study | Fellowship Hall | Free

Using the filter of John 15:14-15, we will look at some familiar and not so familiar figures from the Old & New Testaments. The goal is to see what we can learn from their lives and how we can learn from what the Holy Spirit led the 'disciple that Jesus loved' to record from the Master's teaching in John 15 and use it to challenge us and show us how to be a friend of God.

All GROW classes meet as scheduled
EXCEPT for September 27 and November 22.