



**FOREST HILLS**  
BAPTIST CHURCH

# Disciple Life

FALL 2018

**DISCIPLELIFE CLASSES** *are short-term, mid-week studies designed to help us become more like Christ in attitude and action. They're a great way to meet new people, deepen relationships with old friends and grow closer to God!*

## ALL ADULTS

### PASTOR'S CLASS

Led by Sam Boyd

Wednesdays Beginning August 15

6:15-7:30pm | Sanctuary

### JESUS AMONG SECULAR GODS

#### BY RAVI ZACHARIAS & VINCE VITALE

Led by Chad Mize

6 Weeks: Wednesdays Beginning August 15

6:15-7:30pm | Chapel | \$13

As belief in the secular gods of atheism, hedonism, relativism, and humanism continues to grow, it's more important than ever for believers to be able to defend and share the claims of Christ. Of course, this clash of worldviews is nothing new. Throughout Paul's writing in the New Testament are references to elemental forces that seek to separate believers from the love and truth of Jesus. Not only has the Christian worldview been devalued and dismissed by modern culture, but its believers are also openly ridiculed as irrelevant. This Bible study challenges the popular and trending philosophies of the day, skillfully pointing out the fallacies in their claims and presenting compelling evidence for absolute truth as found in Jesus and revealed in Scripture.

### DOING THE RIGHT THING: AN EXPLORATION OF ETHICS BY CHUCK COLSON & ROBERT GEORGE

Led by Sam Boyd

6 Weeks: Wednesdays Beginning October 24

6:15-7:30pm | Chapel | \$10

*Doing The Right Thing* explores the ethical and moral breakdown that is assaulting culture from all sides. Through panel discussion, interviews, and student questions, this video study, hosted by Brit Hume, raises ethical issues in a compelling and fresh way, stimulating thought, discussion, and action. The six sessions and study guide encourage participants to examine themselves and how ethical and character issues relate to their lives at home, school, and the workplace.

### DIVORCECARE

Led by Barney Self, Ed.D, LMFT

13 Weeks: Wednesdays, Beginning August 8

6-8pm | B116

DivorceCare is a recovery and support group for people experiencing the pain of separation or divorce.

### GRIEFSHARE

Led by Barney Self, Ed.D, LMFT

13 Weeks: Sundays Beginning August 5

4-6pm | B116

Grieving the death of a loved one? At GriefShare, you'll get valuable information and tools to help you through this difficult time in your life.

### MID-WEEK SUNDAY SCHOOL CLASS

Led by Jake & Brittany Day

Wednesdays Beginning August 15

6:15-7:30pm | A103

If you aren't connected to a Sunday morning group but want the relational community a Sunday School-style class offers, this mid-week small group is for you! The class will be ongoing (meaning it will continue on after the fall semester) and we'll use LifeWay's *Bible Studies For Life* Sunday School curriculum rather than focus on a particular topic or theme.

## FAMILY ENRICHMENT SERIES

### RAISING CHILDREN IN THE 21ST CENTURY

Led by Thaddeus Heffner, LMFT

Sunday, August 19 | 11am-12pm | Student Center

Register at [fhbc.org/ParentEnrichment](http://fhbc.org/ParentEnrichment)

*Childcare Available*

What everyone needs to know about the Identity Crisis of the 21st Century: All parents and young adults need to develop a clear understanding of sexual identity in western culture and how to walk children, family members, friends and peers through the many voices vying for their attention, identity and hearts.

Thaddeus Heffner has practiced as a licensed marriage and family therapist in the greater Nashville area. Counseling both individuals and groups, he has increasingly found himself working with men and young men around issues of attachment and addiction. Being certified in EMDR trauma therapy, Thaddeus also works with men, women and teens who struggle with anxiety, PTSD, and various other trauma wounds in their life. Thaddeus Heffner is a member in good standing with the American Association for Marriage and Family Therapy and the Nashville Area Association of Christian Counselors.

## MEN

### **DANIEL: STANDING FIRM FOR GOD**

12 Weeks: Wednesdays Beginning August 15

6:15-7:30pm | B217

Download Book From Amazon Or Christianbook.com

The familiar stories of Daniel provide fantastic lessons of God's sovereignty as He works through His dedicated servant. This study of Daniel is very practical and has so many parallels to our society and culture today as Christian men live for God in an alien land. Today, we can still stand fearlessly in a den of lions by the grace and power of God.

### **THE LORD IS MY SHEPHERD: A PERSONAL LOOK AT PSALM 23**

Led by Jeff Bowden

3 Weeks: Fridays Beginning September 7

6-7:30am | Fellowship Hall

Psalm 23 is one of the greatest and most familiar passages of Scripture, but do you know the meaning and heart of these words? As penned by David, we will dig into this Psalm through the eyes of a shepherd and his sheep so we can understand our relationship with our Good Shepherd.

### **THE STRENGTH YOU NEED: 8 GREAT STRENGTH PASSAGES OF THE BIBLE**

Led by Jeff Bowden

8 Weeks: Fridays Beginning September 28

6-7:30am | Fellowship Hall

Do you end each day feeling exhausted and hoping God will give you energy? He already has—in the Bible! After reviewing every occurrence of the word “strength” in Scripture, we will identify and explain 8 passages that offer reminders of the stamina God provides throughout our lives—sustenance that never wavers, always endures, and is continually renewed.

## WOMEN

### **GODLY WIFE / GODLY MOTHER**

Led by Nancy Dunn & Meg Moore

Wednesdays Beginning August 15 | 10-11:30am | A203

Wife and mother - These are hard roles to fill but God gives us instruction and encouragement in His Word and through others. So many of us are under pressure to be the best at both roles but feel completely inadequate! Come be challenged as we study God's plan for us and be affirmed by other women who have walked this journey.

### **JOB: A STORY OF UNLIKELY JOY BY LISA HARPER**

Led by Kimberly MacNeill

Wednesdays Beginning August 15 | 10-11:30am | A200 | \$13

Wednesdays Beginning August 15 | 6:15-7:30pm | A200 | \$13

Pain is inevitable. It may range in intensity from temporary inconvenience to terminal inevitability, but regardless, you can't avoid it. Job, a good and godly man, suffered devastating loss. Yet in the midst of his darkness, unlikely joy emerged.

### **WALKING FAITHFULLY WITH GOD: 1 & 2 KINGS/2 CHRONICLES**

Led by Shawn Lantz

8 Weeks: Wednesdays Beginning August 15

6:15-7:30pm | B214 | \$10

This study examines God's great faithfulness to His people. It will show us what it means to cling to, follow, and keep the commandments of our Father. We'll also discover God as He has always been and remains today – righteous and just, yet loving and compassionate and forever faithful to His Word.

### **HOW TO HAVE JOY: A STUDY OF PHILIPPIANS BY KAY ARTHUR (Precept Upon Precept)**

Led by Susie Swafford

9 Weeks: Thursdays Beginning September 6

9:30-11:30am | B114 | \$10

How do I live the Christian life joyfully regardless of people or circumstances? What is the purpose of suffering and the Christian perspective on death? Do I have “the mind of Christ”? Discover true, deep-down joy in your life that the world cannot take away!



# QUICK GUIDE

DAY	TIME	CLASS	START	ROOM
SUN	4-6pm	GriefShare	Aug. 5	B116
WED	10-11:30am	Godly Wife / Godly Mother	Aug. 15	A203
WED	10-11:30am	Job: A Story Of Unlikely Joy	Aug. 15	A200
WED	6:15-7:30pm	Job: A Story Of Unlikely Joy	Aug. 15	A200
WED	6:15-7:30pm	Walking Faithfully With God: 1 & 2 Kings/2 Chronicles	Aug. 15	B214
WED	6:15-7:30pm	Pastor's Class	Aug. 15	Sanctuary
WED	6:15-7:30pm	Jesus Among Secular Gods	Aug. 15	Chapel
WED	6:15-7:30pm	Doing The Right Thing	Oct. 24	Chapel
WED	6:15-7:30pm	Mid-Week Sunday School (Jake & Brittany Day)	Aug. 15	A103
WED	6-8pm	DivorceCare	Aug. 8	B116
WED	6:15-7:30pm	Daniel: Standing Firm For God	Aug. 15	B217
THUR	9:30-11:30am	Precept Upon Precept: Phillipians	Sept. 6	B114
FRI	6-7:30am	The Lord is My Shepherd	Sept. 7	FH
FRI	6-7:30am	The Strength You Need	Sept. 28	FH

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